



# Cheshire Dyslexia Services

Cheshire Dyslexia Services  
Covering Chester and Surrounding Areas

Email: [Clare@CheshireDyslexiaServices.co.uk](mailto:Clare@CheshireDyslexiaServices.co.uk)

Website: [www.cheshiredyslexiaservices.co.uk](http://www.cheshiredyslexiaservices.co.uk)

## Dyslexia Checklist: Young Adult

The following checklist highlights some of the potential challenges and strengths linked to Dyslexia.

	Always	Often	Occasionally	Rarely	Never
<b>Reading</b>					
Challenges in recognising and manipulating sounds in words					
Difficulties sounding out words correctly					
Feeling anxious or uncomfortable to read in front of others					
Actively avoids reading where possible					
<b>Reading Comprehension</b>					
Struggles to read fluently, which can impact comprehension					
Finds little enjoyment in reading					
<b>Memory</b>					
<b>Writing</b>					
Messy, illegible handwriting					
Poor structure or organisation of written work					
Takes longer than others to complete written tasks					
Finds it hard to put ideas into written sentences					
Ongoing difficulties with accurate spellings					
<b>Communication and Language</b>					
Stumbles over words					
Mispronounces words					
Difficulties with following instructions					
Finds it hard to find the right words when describing things.					
<b>Memory</b>					
Has difficulties remembering facts					
Forgetting meetings or appointments					
Forgetting vital information in a work based or education setting.					
<b>Total</b>					

If you find that you've marked 'often' or 'always' in over ten of the statements, you may want to consider a full dyslexia assessment to unpick these areas of difficulty further. To arrange an assessment with us please email: [Clare@CheshireDyslexiaServices.co.uk](mailto:Clare@CheshireDyslexiaServices.co.uk)

### Strengths

Registered with The BDA and SASC.



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	Always	Often	Occasionally	Rarely	Never
Is able to use language and a wide range of vocabulary for their age.					
Can follow instructions					
Imaginative					
Good problem solving skills					
Curious					
Good general knowledge					
Good understanding of texts that have been read to them.					
Creative					